



Going Forward

Last month's open discussion was an outstanding success and it was good to welcome back so many members after such a long break. Many topics were covered with positive results.

The general consensus being that meetings will continue to be held once a month on the third Thursday from 2-4pm with a speaker in the first half and a social, with refreshments, in the second half. Speakers will commence in the new year and will alternate between pain related topics and a variety of other topics of interest.

An annual subscription will be due in January + a nominal fee payable per meeting.

Coffee mornings to continue to be held on a Monday from 10.30, venue still to be sought. Annual programme to include a social, an outing and a Christmas lunch.

CPSG will be holding an AGM and social at their next meeting on Thursday 21st October from 2pm-4pm at Southgate Community centre in Bury.

Positively Crafty will be holding their first session on Thursday 7th October from 1.30-4pm. The craft will be 'making a flowerpot card'. Session fees are payable and include refreshments. You always go home with a sense of achievement.

CPSG offers friendship, support and social interaction. CPSG gives you an opportunity to take a step forward, focus on the positive and be accepted as you are.

CPSG welcomes all ages range (18+) and gender, carers, partners and guest visitors.

Improve your wellbeing by reaching out to others in your position by joining us, we look forward to meeting you! you do not need a referral, just drop in and meet the members to see if it is for you. You will always receive a warm welcome.

E. info@chronicpainsupportgroup.co.uk
www.chronicpainsupportgroup.co.uk