



CPSG is for anyone experiencing chronic pain ranging from minor discomfort to severe pain. It offers a warm, friendly environment, where people can feel supported



CPSG offers friendship with like minded people, a warm welcome, comfort and support giving you an opportunity to be accepted as you are, build meaningful relationships and engage in positive conversation. A face-to-face non-judgmental group where you can share your feelings, be listened to and respected. Increase your sense of purpose and belonging with warm hearted people knowing they will be there for you when you need them



Dates for your Diary

Positively Crafty—Thursday 6th April from 1.30pm-4pm

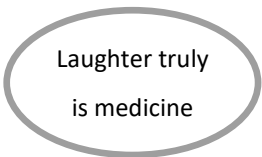
Coffee Morning—Monday 10th April from 10.30am at Dobbies

CPSG—Thursday 20th April from 2pm-4pm

Meetings are held at Southgate Community Centre

Speakers are not all pain related and vary from being interactive, light hearted and fun

All age ranges 18+ and genders, carers and partners welcome



For more details call 07724 187774
or email info@chronicpainsupportgroup.co.uk
Find us on Facebook or visit our website
www.chronicpainsupportgroup.co.uk